ADeC's Updates **2019 | OCTOBER**

Selamat Hari Akademia to our lecturers!

We would like to wish all the academician to UM, Selamat Hari Akademia! We value and inspire your hard work, your determination and the endless knowledge you've shared to UM community.



Highlight

Mental Health Programs

October 2019

In conjunction with the World Mental Health Day, ADeC organized three programs related to mental health, aiming to help academician to cope with the issue among them and also students.

1. Mental Health Self Care

2. Psychological First Aid

9 October 2019

CUBE, Faculty of Computer Science and Information Technology

Trainer: Dr. Valerie Jaques from i-psychnet

3. Suicide Prevention

25 October 2019 UM Art Gallery

Speaker: Mr. Justin Gerard Victor from Befrienders KL



Other programs/events

Flourishing at Work in an Academic Setting

3 October 2019

CUBE, Faculty of Computer Science and Information Technology

Trainer: Madam Fauziah Kamaruddin

Coaching and Mentoring Skills for Young Academician

8 October 2019

CUBE, Faculty of Computer Science and Information Technology

Trainer: Madam Jo Anne and Mr. Lee Hwai Tah

SULAM: Let Us Reach Out!

10 October 2019 Auditorium, JPPHB.

Trainer : Associate Prof. Dr. Vishalache Balakrishnan

Gamification in Education: Game-based Learning

17 October 2019

CUBE, Faculty of Computer Science and Information Technology

Trainer : Associate Prof. Dr. Tan Wee Hoe

Taking the Time To Reflect: How Did I Teach? 21 October 2019

CUBE, Faculty of Education

Trainer: Prof. Dr. Esther Gnanamalar Sarojini



ADeC also had a Bengkel Halatuju for our plans in 2020. Stay tune for the upcoming 2020 Training Calendar from us!



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